# eastbrooke medical centres

# EASTBROOKE MEDICAL CENTRE SOUTHERN HIGHLANDS - BOWRAL

# PRACTICE INFORMATION SHEET

#### **Contact Information:**

4-10 Funston Street BOWRAL NSW 2576 Phone: (02) 4862 7666 Fax: (02) 4862 7655 Email: admin.bowral@eastbrookemedical.com.au Online Bookings: www.eastbrookemedical.com.au Accounts: accounts.bowral@eastbrookemedical.com.au

Practice Hours:	
Monday to Friday:	8:00 AM - 5:00 PM
Saturday:	8:00 AM – 1.00PM
Sunday and Public Holidays:	Closed

# **About Our Medical Centre Services:**

Eastbrooke Medical Centre Southern Highlands offers the local community a range of comprehensive health and medical services. Our professional team of GP's and Registered Nurses provide a comprehensive range of medical services including but not limited to:

Women and Children's Health Clinics Diabetes Clinics Health Assessments Immunisations Chronic Disease Management Minor Surgery Venesection Pathology Services Geriatric Care Iron Infusions Diving Medicals Heavy Vehicle Truck Licence Medicals Workcover and return to work Programs. Cosmetic Medicine Asthma Clinics Family Medicine Antenatal, Postnatal and Paediatric care Mental Health Skin Cancer Checks Sports Medicine, Men's Health Clinics Travel Medicine Pre-employment medicals/ Drug and Alcohol RMS Driving Medicals Aviation medicals approved and endorsed by CASA.

# **Minor Operations**

In addition to standard Medical Centre services, we also offer a range of minor operations including diathermy, cryotherapy, suture of lacerations and skin cancer removal surgery. All our surgical instruments are sterilized according to standards.

# Appointments with your Doctor

The preferred booking method is online however if you are a new patient, require the nurse or a long appointment, please ring (02) 4862 7666. Every effort will be made to accommodate your preferred time and GP. Appointments are usually made at 15-minute intervals. Longer consultations are available, please inform the receptionists if you require extra time. Emergencies will always be given priority and our reception staff will attempt to contact you if there is any unforeseen delay or your GP has been called away. If you or a family member requires an interpreter, we can organise this for you. Please let us know when you make an appointment.

# **Online Appointment Bookings**

If you are already a patient of the Eastbrooke Medical Centre, Southern Highlands you can use our online booking service 24 hours a day through our website: <u>www.eastbrookemedical.com.au</u>

#### Fees and billing arrangements

Universal bulk-billing is not financially viable and would mean this practice could not provide quality service. However, we may use bulk-billing and concession fees to aid the disadvantage, multiple family consultations or prolonged treatment programs and children under 16 years. Procedures may incur higher or different fees.

Most specialist consultations are privately billed, please check with reception staff when you make your appointment. We accept cash, eftpos, and MasterCard / Visa credit cards.

There are some consultations that cannot be bulk billed and these include such things as:

- Workers Compensation
- Pre-Employment Medical Examinations
- Insurance Medicals
- · Providing services to people not covered by Medicare /Veterans Affairs
- Some specialist's consultations

The standard consultation fee is \$98.00 (8.00am - 5.00pm weekdays) and \$110.00 - \$200.00 on weekends and out of hours (all other times).

	Private	Concession	Rebate (Medicare)
Standard Consultation	\$98.00	\$75.00	\$42.85
Consultation 20-25 mins	\$165.00	\$150.00	\$82.90
Long Consultation > 40 mins:	\$205.00	\$190.00	\$110.05

# **Treatment Room Fee's Private Patients**

Due to increasing consumable costs and the Government freeze on Medicare we are no longer able to absorb the ongoing costs for Wound Care Products. Minimum fee is \$5.00 and a maximum of \$50.00 dependent on wound care required. Please feel free to ask the nurse if you need further information.

# After Hours

If medical attention is required outside operating hours, a telephone call to the Medical Centre, on (02) 4862 7666 will advise you of our accredited after-hours care ogranisations – GP Helpline 1800 022 222 or South Western Sydney After Hours on 02 4861 6433 located in Jude Street Bowral.

#### **Home Visits**

Home visits are available for regular patients whose condition prevents them from attending the Medical Centre. Please discuss fees and billing arrangements with your doctor.

#### **Telephone Access**

Doctors in the Medical Centre may be contacted during normal operating hours for urgent healthcare needs. If the doctor is with a patient, the reception staff will take a detailed message and forward this onto the doctor as soon as possible. In an emergency, your call will always be put through to either the doctor or nurse.

#### **Parking and Disabled Access**

Ample car parking is available with separate parking bays allocated to our disabled patients.

# Your Feedback, Quality and Improvement

We have a feedback form and box located on the reception desk for patients to provide feedback. We take your feedback very seriously and will try to improve on any recommendations made from our patients.

#### **Reminder System**

Our practice is committed to preventative care. Your doctor will seek your permission to be included on our reminder system. We may issue you with a reminder notice from time to time offering you preventive health services appropriate to your care. If you do not wish to be part of this system, please let your doctor or reception know.

# Results

If your doctor has requested any tests such as X-Rays or Pathology the doctor will read the report and then if he/she requires you to return to discuss these results the nurse will contact you and ask you to come in for another appointment. Results will not be given over the phone so please make an appointment if you wish to discuss your results with the doctor.

# **Medical Records and Privacy**

Your medical record is a confidential document. It is the policy of this practice to maintain security of personal health information at all times and ensure this information is only available to authorised members of staff.

Eastbrooke Medical Centre Southern Highlands complies with the Privacy Act 1988 and the Australian Privacy Principles 2014 including the way we collect, store, use and disclose health information.

For more information, please ask for a copy of our Current Privacy Policy Statement at reception.

Should you require access to your medical information held by this centre please discuss this with your Doctor or the Practice Manager.

# Your Rights

If you have a problem with any aspect of the service you receive at our medical centre, we are keen to hear about it. We take your concerns, suggestions and complaints seriously. Please speak to the Practice Manager or your doctor to discuss your concerns. If you prefer to write to us please do so, the email contact is <u>pm.southernhighlands@eastbrookemedical.com.au</u> or use our suggestion box located in reception.

We believe that problems are best dealt within the Medical Centre. However, if you feel the need to discuss a matter outside of the Medical Centre, you may contact the Health Care Complaints Commission. The contact details are:

> Health Care Complaints Commission Locked Mail Bag 18 STRAWBERRY HILLS NSW 2012 Phone: (02) 9219 7444 Fax: (02) 9219 7555

This practice has a no smoking policy.

# DOCTORS

Dr Rosalind Bresnahan, MBBS (Hons) FRACGP Special interests: Chronic Disease Management, Women's Health Children's Health

Dr Richard Kwong, MBBS DTM&H DRANZCOG Other Language: Mandarin Special Interests: General and Family Medicine, Obstetrics, Travel Medicine

Dr Helen Maloof, MBBS (NSW) Special Interests: Aviation Medicals, Mental Health, Women's Health and Cosmetics

Dr Alex Golowenko ,FRACGP, MBBS (hons), DipEd Special Interests: Men's Health, Sports Medicine, Family Medicine and Cosmetics

Dr Jay Liyanage, MBBS Special Interests: Heart Disease, Diabetes, Hypertension

Dr Manuel Torres, MBBS Special Interests: Adult Medicine, Children's Health, Mental Health, Skin Cancer Detection and Management

#### Dr Luisa Ayento-Torres, MD

Special Interests: General Medicine, Preventative Health, Chronic Diseases (Cardiovascular health and Diabetes Management), Geriatrics, Mental Health, Women's Health

Dr Wendy Qian, MBBS, FRACGP Special Interests: Women's Health, Mental Health, Chronic Disease.

Dr Janet Ninio Special Interests: Skin Cancer Medicine

# SPECIALISTS

Dr Michael Donnellan	Neurosurgeon
Dr Katrin kobsab-Jackson	Endocrinologist
Dr Michael Yunaev	Oncoplastic Breast, General & Cosmetic Surgeon

# **ALLIED HEALTH SERVICES**

Dr Sahid Elbaff

Podiatrist