

Patient Information Sheet

Practice Hours

Monday to Friday:	8:00 am – 5:00 pm
Saturday	9:00 am – 1:00 pm
Sunday	CLOSED
Public Holidays:	CLOSED

About Our Medical Centre

Eastbrooke Family Clinic Southport is conveniently located at Shop 2, 45-49 Nind Street Southport. The clinic has a number of highly experienced GP's with interests in general medicine, women and children's health, men's health, aged care, chronic disease management, chronic pain management, family planning, skin checks, travel medicine, platelet rich plasma therapy (PRP), musculoskeletal medicine and cosmetic medicine.

The clinic offers patients a comprehensive modern facility with onsite pathology and pharmacy.

Sullivan Nicolaidis Pathology Hours: Monday to Friday 8:30am to 12:30pm

West End Pharmacy Hours: Monday to Friday 8:00am to 6:00pm and Saturday 9:00am to 1:00pm

Additional Clinics

Gold Coast Women and Children's Clinic (GCWCC): This clinic provides a holistic healthcare service to women and children in all stages of life and health in a caring and supportive environment. We offer a professional team of general practitioners who have special interests in all areas of women's and children's health.

PRP Clinic: PRP is an innovative treatment that stimulates the body's natural healing process that can be used to treat arthritic joint pain, knee osteoarthritis, bursitis, sports injuries, tendonitis, plantar fasciitis and more.

Cosmetic Clinic: Available to both men and women, services include anti-wrinkle injections, IPL, Microdermabrasion and PRP for hair loss and skin rejuvenation.

Skin Cancer Clinic:

This clinic is an assessment and treatment facility for skin cancer and other associated conditions that specialises in the early detection, diagnosis, treatment & management of all skin cancers & melanomas.

Appointments with your Doctor

Please ring (07) 5557 7888 for an appointment. Every effort will be made to accommodate your preferred time and GP. Appointments are usually made at 15-minute intervals. Emergencies will always be given priority and our reception staff will attempt to contact you if there is any unforeseen delay or your GP has been called away. Longer consultation times are available so please ask our receptionists if you require some extra time.

If you or a family member require an interpreter, we can organise this for you. Please let us know when you make an appointment.

Online Appointment Bookings

If you are already a patient of the Eastbrooke Family Clinic Southport you can use our online booking service to book a standard (15mins) consultation 24 hours a day through our website www.eastbrookemedical.com.au.

Fees and Billing Arrangements

Universal bulk-billing is not financially viable and would mean this practice could not provide quality service. However, we may use bulk-billing and concession fees to aid the disadvantage, multiple family consultations or prolonged treatment programs and children under 16 years. Procedures may incur an out of pocket expense. We accept cash, EFTPOS, Mastercard and Visa credit cards.

There are some consultations that cannot be bulk billed and these include such things as:

- Workers Compensation
- Pre-Employment Medical Examinations
- Insurance Medicals
- Providing services to people not covered by Medicare/Veterans Affairs

Consultation Fees

DOCTOR	CONSULTATION TYPE	PRIVATE	CONCESSION	MEDICARE REBATE
Dr Penina Pereira	Standard	80.00	60.00	38.20
	Long	140.00	100.00	73.95
Dr Louis Fenelon	Standard	80.00	60.00	38.20
	Long	140.00	100.00	73.95
Dr Zara Mason	Standard	80.00	60.00	38.20
	Long	140.00	100.00	73.95
Dr John Miller	Standard	80.00	60.00	38.20
	Long	140.00	100.00	73.95
Dr Khaled Nour	Standard	80.00	60.00	38.20
	Long	140.00	100.00	73.95
Dr Dale Fox	Standard	80.00	60.00	38.20
	Long	140.00	100.00	73.95

Weekend (Standard fees apply prior to 1pm on Saturdays. These fees apply after 1pm)	CONSULTATION TYPE	PRIVATE	CONCESSION	MEDICARE REBATE
	Standard	95.00	75.00	49.00
	Long	150.00	120.00	83.95

*Additional charges may be incurred for any procedures and/or treatment room expenses. Fees are subject to change without notice.

Our specialists have their own private fee schedules which are available on request.

After Hours

If medical attention is required outside open hours, please phone the National Home Doctor Service on 13 7425 who are an accredited medical deputising service.

Home Visits

Home visits are available for regular existing patients whose condition prevents them from attending the Medical Centre. Please discuss fees and billing arrangements with your doctor.

Telephone Access

Doctors in the Medical Centre may be contacted during normal operating hours. If the doctor is with a patient, the reception staff will take a detailed message and forward this onto the doctor as soon as possible.

In an emergency, your call can be put through to either the doctor or nurse.

Parking and Disabled Access

Car parking is available onsite with separate parking bays allocated to our disabled patients.

Your Feedback, Quality and Improvement

We have a feedback form and box located on the reception desk for patients to provide feedback. We take your feedback very seriously and will try to improve on any recommendations made from our patients.

Reminders System

Our practice is committed to preventative care. Your doctor will seek your permission to be included on our reminder system. We may issue you with a reminder notice from time to time offering you preventive health services appropriate to your care, if you do not wish to be part of this system, please let your doctor know. We also participate in the State/Territory reminder system.

Results

If your Doctor has requested any tests such as X-Ray or Pathology, we strongly advise you to come back and discuss your results with your Doctor.

Medical Records and Privacy

Your medical record is a confidential document. It is the policy of this practice to maintain security of personal health information at all times and ensure this information is only available to authorised members of staff.

Eastbrooke Family Clinic Southport complies with the Privacy Act 1988 and the Australian Privacy Principles 2014 including the way we collect, store, use and disclose health information. For more information, please ask for a copy of our Privacy Policy Statement at reception. Should you require access to your medical information held by this centre please discuss this with your Doctor or the Practice Manager.

Your Rights

If you have concerns with any aspect of the service you receive at our medical centre we are keen to hear about it. We take your concerns, suggestions and complaints seriously. Please speak to the Practice Manager or your doctor to discuss your concerns. If you prefer to write to us please do so or use our suggestion box located in reception.

We believe that problems are best dealt within the Medical Centre. However, if you feel the need to discuss a matter outside of the Medical Centre, you may contact the Health Care Complaints Commission.

The contact details are Office of the Health Ombudsman, PO Box 13281 George Street, Brisbane QLD 4003. Ph133646

This practice has a no smoking policy.

Minor Operations

In addition to standard Medical Centre service, we also offer a range of minor operations including diathermy, cryotherapy, suture, lacerations and minor surgery.

Our Doctors

Dr Louis Fenelon

B. Med (Newcastle NSW)

Special interests: Physical activity for health, sports and trauma medicine, preventative care, musculoskeletal interventions including PRP & joint injections. Minor procedures including skin cancer removal.

Dr Zara Mason

MBChB (Otago), FRACGP

Special interests: All Aspects of General Practice with particular interest's in adolescent health and the wellbeing of the entire family and palliative care.

Dr John Miller

MBBS (Hons), Dip Obs RLOG, FRACGP, AASCP, Ad Cert Sports Medicine

Special Interests: Sports Medicine, smoking cessation, alcohol cessation, men's health, general medicine.

Dr Penina Pereira

MBChB, FRACGP

Special interests: Women and children's health, chronic disease management, preventative medicine, antenatal care, mental health and all aspects of general practice. Dr Pereira also speaks Samoan.

Dr Khaled Nour

MBBS, FRACGP

Special Interests: General Medicine, Skin Cancer Checks and Excisions, Circumcisions and Eyelid Surgery.

Dr Dale Fox

MBCHB, FRACGP

Special Interests: All aspects of General Practice, with particular interests in weight loss/management of symptoms, menopause & pre-op assessment for surgery.

Our Allied Health Professionals

Wade Ellis

Podiatrist

Wade specialises in sports related injuries of the feet and lower limbs, but also provides a comprehensive podiatry service caring for patients of all ages with varying conditions including postural and gait abnormalities, bone and joint disorders, soft tissue and muscular pathologies, generalised foot and ankle pain, Veterans Affairs and Work Cover patients.

Kala Harji

Cosmetic Registered Nurse

Kala specialises in Skin, Laser and Beauty IPL Treatments. Hair removal, skin rejuvenation, pigmentation, acne, vascular treatments and PRP for hair regeneration and facial rejuvenation.

Belinda Tolman

Dietitian

Belinda has over 25 years of experience in healthcare, initially as a pediatric nurse before moving to dietetics. She has a strong interest in: weight management, eating disorders, allergies & diabetes.

Joel Wearne**Exercise Physiologist**

Joel is a Certified Clinical Exercise Physiologist and Exercise Scientist with over 10 years' experience prescribing exercise for disease/injury management. He has worked in a wide range of clinical settings including: diabetes management clinics (working closely with Endocrinologists), commercial gyms, running hydrotherapy classes, mining sector work & DVA & Workover rehabilitation services. Joel accepts all valid referrals & bulk bills all care plans.

Erica Doenau**Physiotherapist**

Erica is experienced in musculoskeletal injuries, injury prevention and management, exercise prescription, clinical Pilates & manual therapy treatment. She treats all conditions.